

Advancing toward climate-smart agriculture: the role of organic carbon in soil functions, ecosystem services, and agroecosystem sustainability

Avanzando hacia una agricultura climáticamente inteligente: el papel del carbono orgánico en las funciones del suelo, los servicios ecosistémicos y la sostenibilidad de agroecosistemas

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Conflict of Interest:

The author declare no conflict of interest.

Funding:

None

Data Availability:

The complete dataset supporting the results of this study is available upon request to the corresponding author. The dataset is not publicly available, as the author anticipates its use in future research.

History:

Received: 17-11-2024;

Accepted: 24-04-2025;

Published: 27-06-2025;

Responsible Editor:

Arnaldo Esquivel-Fariña 
Universidad Nacional de Asunción, Facultad de Ciencias Agrarias, San Lorenzo, Paraguay.

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ABSTRACT

Current challenges, such as climate change and increasing pressure on primary food production, demand a transition toward more resilient and environmentally responsible agricultural models. In this context, preserving soil organic carbon (SOC) emerges as a key strategy to enhance soil functions, sustain essential ecosystem services, and strengthen agroecosystem resilience. This review article aims to analyze and synthesize the role of SOC in soil functions, its contribution to ecosystem service provision, its importance for achieving Sustainable Development Goals, and to identify the most promising management strategies for its increase and stabilization in soil. The research was based on an exhaustive bibliographic review with a descriptive approach, drawing from 43 review articles published between 2019 and 2024 in the Scopus database. The results demonstrate that SOC maintenance and enhancement are determinant factors for preserving soil functional integrity, supporting key ecosystem services, protecting food security, and mitigating climate change effects. Collectively, the findings highlight the need to promote management strategies oriented toward SOC regeneration as a central axis in building more resilient agroecosystems and advancing toward climate-smart agriculture.

Keywords: Human well-being, soil carbonization, sustainable production, planetary health, soil health.

RESUMEN

Los desafíos actuales, como el cambio climático y la creciente presión sobre la producción de alimentos primarios, exigen la transición hacia modelos agrícolas más resilientes y ambientalmente responsables. En este contexto, preservar el carbono orgánico del suelo (COS) se consolida como una estrategia clave para potenciar las funciones edáficas, sustentar servicios ecosistémicos esenciales y fortalecer la resiliencia de los agroecosistemas. Este artículo de revisión tiene como objetivo analizar y sintetizar el papel del COS en las funciones del suelo, su contribución a la provisión de servicios ecosistémicos, su importancia para el cumplimiento de los Objetivos de Desarrollo Sostenible, e identificar las estrategias de manejo más promisoras para su aumento y estabilización en el suelo. La investigación se fundamentó en una revisión bibliográfica exhaustiva con enfoque descriptivo, basada en 43 artículos de revisión publicados entre 2019 y 2024 en la base de datos Scopus. Los resultados evidencian que el mantenimiento y la valorización del COS son determinantes para preservar la integridad funcional del suelo, respaldar servicios ecosistémicos clave, proteger la seguridad alimentaria y mitigar los efectos del cambio climático. En conjunto, los hallazgos destacan la necesidad de promover estrategias de manejo orientadas a la regeneración del COS como eje central en la construcción de agroecosistemas más resilientes y en el avance hacia una agricultura climáticamente inteligente.

Palabras clave: Bienestar humano, carbonización del suelo, producción sustentable, salud del planeta, salud del suelo.

INTRODUCTION

Addressing the global climate crisis and meeting the growing demand for food represents one of humanity's most urgent challenges (Fróna et al., 2019). In this context, soil emerges as a key resource for both ecological sustainability and global food security (Taylor et al., 2021). Beyond its role in agricultural production, it constitutes the largest terrestrial carbon reservoir (Gonçalves et al., 2025; Song et al., 2024). Soil carbon is a cornerstone for the soil-plant-atmosphere equilibrium (Adhikari & Hartemink, 2016; Wiesmeier et al., 2019). Its content and proper management optimize soil functional properties and strengthen its capacity to provide important ecosystem services (Andrea et al., 2018; Q. Yang et al., 2024).

Soil organic carbon contributes to the restoration and maintenance of physical properties that sustain soil stability, favoring aggregate formation and persistence (Dai et al., 2024; Nascimento et al., 2024), which improves the soil's capacity to retain water and facilitate aeration (Pang et al., 2025). Additionally, it represents a source of energy and nutrients for soil microbiota, stimulating biological interactions that strengthen soil ecosystem dynamics (Ahmad et al., 2024; Zong et al., 2024). Carbon accumulation also contributes to mitigating contaminants that threaten water quality and optimizing the availability of essential nutrients for plant development (Wiesmeier et al., 2019). These multiple contributions are determinant factors for sustaining more stable agroecosystems (dos Santos et al., 2024).

Based on the benefits promoted by SOC, the provision of ecosystem services is reinforced, positively impacting not only food production but also human, animal, and environmental health (Drobnik et al., 2018; Wiesmeier et al., 2019). SOC also plays a crucial role in climate regulation through atmospheric carbon capture, contributing to erosion reduction, more efficient water use, and preservation of soil biodiversity (Cherubin et al., 2021; LAL, 2023). These services are fundamental for sustaining agriculture capable of meeting growing global demand without compromising ecological stability (Zhao et al., 2020). Particularly in the face of extreme climate events, SOC strengthens agroecosystem resilience, improving their adaptation capacity and long-term sustainability (Fagodiya et al., 2024; Sarkar & McLawrence, 2023).

Given these scenarios and considering the importance of SOC in soil ecosystem health, it is essential to identify and implement management practices that favor its stable sequestration in soil (Villalba Algarin et al., 2024). In this regard, climate-smart agriculture represents an integrative strategy that combines productive sustainability, climate change resilience, and greenhouse gas mitigation through validated practices. This approach is based on three fundamental pillars: sustainable productivity, which involves resource optimization, genetic improvement, and agronomic management; adaptation, through agroecological systems, efficient water management, and crop diversification; and mitigation, through carbon sequestration in soils, reduction of emissions from fertilizer use, and proper waste management (Du et al., 2023;

Siddique et al., 2024; J. Zhao et al., 2023).

In light of the above, this review article aimed to analyze and synthesize the role of SOC in soil functions, its contribution to ecosystem service provision, its importance for achieving Sustainable Development Goals, and to identify the most promising management strategies for its conservation and enhancement. By bringing together the most recent scientific information in accessible language, we seek to offer the Paraguayan community a clear technical foundation to guide agronomic decisions that promote soil carbon accumulation. This aims to contribute to the development of more efficient, sustainable agricultural systems aligned with current challenges of climate change and food security.

MATERIALS AND METHODS

This work was based on a descriptive bibliographic review aimed at analyzing the influence of SOC on soil functions, ecosystem service provision, its relevance in meeting international commitments, and the identification of agricultural practices that favor its accumulation and stabilization. For this purpose, an exhaustive search was conducted in the Scopus database during September 2024, using the descriptors ("soil organic carbon" OR "soil organic matter") AND ("soil function" OR "ecosystem services"), applied to titles, abstracts, and keywords through the Boolean operators "AND" and "OR".

To ensure the quality and currency of selected publications, the following inclusion criteria were applied: (i) document type: peer-reviewed review articles; (ii) publication period: between 2019 and 2024; and (iii) language: English. The application of these filters yielded a total of 43 articles, which were refined to eliminate duplicates and critically evaluated for their relevance. The selected documents were exported in PDF format and subjected to detailed reading and interpretive analysis. From this rigorous synthesis, the conceptual foundation supporting the development of this study was constructed.

RESULTS AND DISCUSSION

Carbon dynamics in the ecosystem

Carbon dynamics in ecosystems are highly complex and depend on interconnected processes (Figure 1). Plants play a fundamental role in soil carbonization (Bhattacharyya et al., 2022; Hoffland et al., 2020), capturing atmospheric CO₂ through photosynthesis and transforming it into biomass that stores carbon in leaves, stems, and roots (Zhang et al., 2021). This carbon is subsequently transferred to soil through root exudates and organic residues, which are decomposed by soil biota (Bhattacharyya et al., 2022; Wiesmeier et al., 2019; Zhang et al., 2021). A fraction of this carbon is stabilized as organic matter, making soil a carbon sink that improves its structure, fertility, and contributes to ecosystem resilience (Kopittke et al., 2022; Ndour et al., 2023).

Decarbonization processes represent the opposite phase to carbonization, in which plant and soil organism

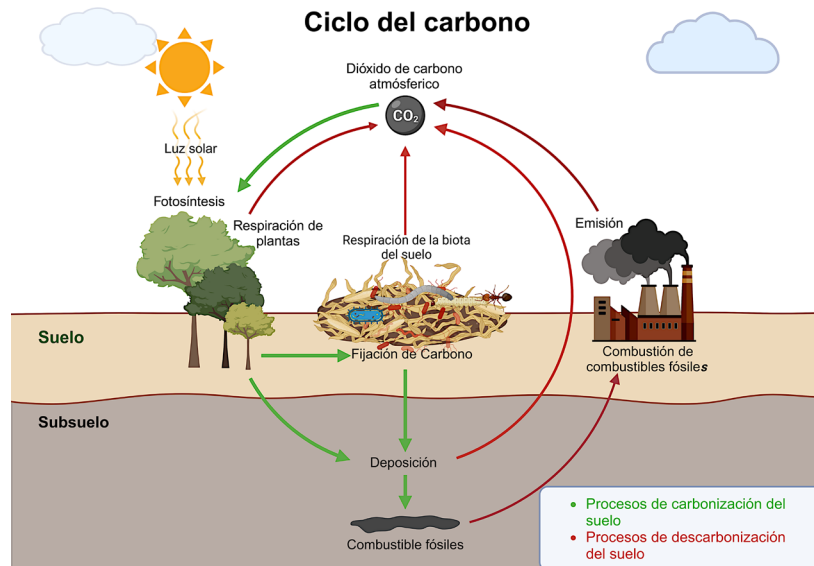


Figure 1. Schematic representation of carbon dynamics in the ecosystem, including soil carbonization and decarbonization processes. Designed based on review articles published in the last five years (2019-2024). Data source: Scopus (2024). Created with Biorender.com.

respiration releases CO₂ to the atmosphere, maintaining a constant carbon flow under equilibrated conditions (Zhang et al., 2021). However, human activities such as fossil fuel burning, deforestation, and intensive soil disturbance alter this balance, releasing large quantities of carbon previously stored in soil (Kopittke et al., 2022; Wiesmeier et al., 2019). This massive release exceeds ecosystems' capacity to absorb CO₂, which disrupts the carbon cycle and contributes significantly to global warming (Hassan et al., 2022; J. Yang et al., 2020).

The role of organic carbon in soil functionality

Organic carbon is fundamental for soil to maintain its full capacity to function as a living ecosystem, capable of sustaining sustainable agricultural production (Figure 2). This carbon favors the formation of stable aggregates, structures that increase soil porosity and make it less susceptible to extreme conditions (Ghimire et al., 2023; Hoffland et al., 2020; Sullivan et al., 2022). The resulting structural stability reinforces the soil's capacity to support machinery and animal traffic, while simultaneously favoring plant root growth, thus optimizing the utilization of available resources at greater depths (Han et al., 2020; Karasawa, 2024; Maticic et al., 2024).

Improved soil aeration is another direct benefit of SOC, which, by favoring optimal structure, facilitates adequate air circulation in pores (Ghorbani & Amirahmadi, 2024; Hoffland et al., 2020). This oxygenation is essential for soil biota metabolism and root development, creating a favorable environment for aerobic microorganisms responsible for decomposing organic matter and releasing nutrients (Ghimire et al., 2023; Karasawa, 2024).

SOC also increases the soil's capacity to retain water by increasing the amount of moisture stored in micropores (Davis et al., 2023; Hoffland et al., 2020; Karasawa,

2024). This effect ensures a constant water supply for plants, even during drought periods (Karasawa, 2024; Widyati et al., 2022). Thus, soils rich in SOC not only improve crop resistance to water stress but also stabilize agricultural production and strengthen resilience against extreme climate events (Taylor et al., 2021).

Another significant benefit of SOC is the increase in cation exchange capacity (CEC), a property that allows soil to retain and supply essential nutrients such as calcium, magnesium, and potassium (Hoffland et al., 2020; Maticic et al., 2024; Widyati et al., 2022). This increase in CEC minimizes leaching losses, ensuring efficient nutrient supply for plants and reducing the need for synthetic fertilizers, which promotes cleaner and lower-cost agriculture (Garrett et al., 2021; Tang et al., 2022).

SOC plays an important role in nutrient mineralization, stimulating soil biota activity that transforms organic compounds into available inorganic forms (Hassan et al., 2022; Karasawa, 2024). This process ensures a continuous nutrient flow, favoring plant growth (Hoffland et al., 2020; Imran, 2022; Karasawa, 2024). Another essential function of SOC is carbon sequestration in soil, contributing to climate change mitigation through the reduction of atmospheric CO₂ concentrations (Alavi-Murillo et al., 2022; Hoffland et al., 2020). This storage converts soil into a precious treasury for achieving global sustainability objectives (Kopittke et al., 2022).

SOC also acts as a protective agent by immobilizing heavy metals and toxic substances, preventing their leaching into groundwater and surface waters (Hassan et al., 2022; Koutika, 2022; O'Brien et al., 2024). This mechanism preserves water quality and reduces contamination risks, protecting both ecosystem health and communities that depend on these resources (Hassan et al., 2022; O'Brien et al., 2024). Additionally, it favors the production of

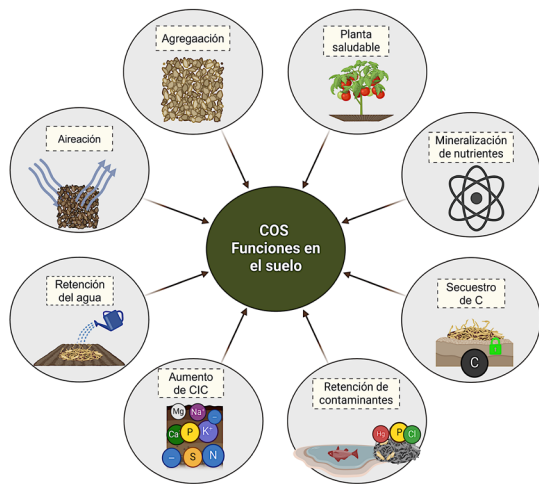


Figure 2. Functions of soil organic carbon (SOC). Designed based on review articles published in the last five years (2019-2024). Data source: Scopus (2024). Created with Biorender.com.

healthy plants by providing a balanced environment; soil with optimal SOC levels supplies environmental resources continuously, increasing productivity and improving crop resistance to stress conditions (Imran, 2022).

These benefits highlight the importance of SOC as a fundamental component for ecological balance, with direct effects on key agricultural processes and in promoting agroecosystem sustainability (Gmach et al., 2020; Kopittke et al., 2022).

From functions to SOC ecosystem services: key connections

Ecosystem services are benefits derived from natural processes and functions that ecosystems provide for human well-being (Davis et al., 2023; Hassan et al., 2022). In the case of soil, ecosystem services are intrinsically linked to SOC, as this organic compound sustains soil functions that result in essential services for life (Alavi-Murillo et al., 2022; Hoffland et al., 2020), as illustrated in Figure 3.

SOC significantly reduces erosion, one of the most critical challenges in modern agriculture (Hassan et al., 2022; Hoffland et al., 2020). The stable aggregates generated by SOC prevent compaction and favor water infiltration, reducing runoff and the risk of surface erosion (Hoffland et al., 2020; Widyati et al., 2022). This not only prevents the loss of soil quality and essential nutrients but also protects the soil's capacity to sustain crops in the long term (Tang et al., 2022; Widyati et al., 2022). Additionally, it mitigates sedimentation in water bodies, contributing to the preservation of aquatic ecosystems (Mishra et al., 2022; O'Brien et al., 2024).

Soil rich in SOC favors robust biodiversity, from microorganisms to key ecosystem organisms such as earthworms, which improve both soil fertility and stability (Song et al., 2024; Vogel et al., 2024). This biological

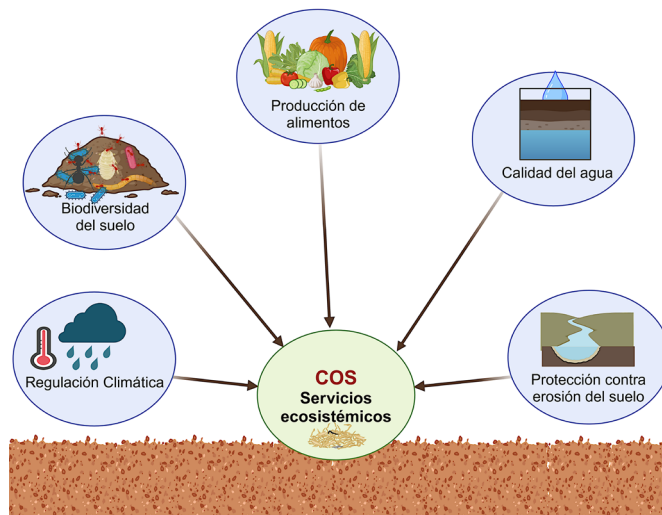


Figure 3. Main ecosystem services of soil organic carbon (SOC). Designed based on review articles published in the last five years (2019-2024). Data source: Scopus (2024). Created with Biorender.com.

diversity improves soil health by stabilizing nutrient cycles and strengthening physical structure (Bhattacharjya et al., 2024; Pot et al., 2022). Furthermore, it contributes to reducing disease incidence by promoting beneficial organisms that compete with pathogens (Hoffland et al., 2020; Mishra et al., 2022; Song et al., 2024).

SOC directly influences food production by regulating the availability of environmental resources (Das et al., 2022; Hassan et al., 2022). Soils with high SOC content support more vigorous crops and offer stable food production, even under adverse conditions (Kopittke et al., 2022). This relationship strengthens agricultural sustainability, reducing dependence on chemical inputs and their environmental impact (Das et al., 2022; Hoffland et al., 2020).

Furthermore, SOC contributes significantly to climate change mitigation by capturing and storing carbon in soil, preventing its release as CO₂ to the atmosphere (Hassan et al., 2022; Kopittke et al., 2022). This process transforms soil into a key resource for reducing greenhouse gas emissions (Alavi-Murillo et al., 2022; Hassan et al., 2022).

SOC and its importance for the Sustainable Development Goals (SDGs)

Soil organic carbon represents a key piece in the global sustainability agenda, particularly in achieving the Sustainable Development Goals (Bhattacharjya et al., 2024; Kopittke et al., 2022). Figure 4 illustrates this connection, highlighting how SOC functions transcend the agricultural sphere and directly impact various objectives of the Paris Agreement 2030. In the context of SDG 13, SOC positions itself as a strategic ally in climate change mitigation through atmospheric decarbonization (Eze et al., 2023; Kopittke et al., 2022), an effort that not only combats global warming but also strengthens adaptation to disrupted climate (Hassan et al., 2022; Koutika, 2022).



Figure 4. Connection of soil organic carbon (SOC) with the Sustainable Development Goals (SDGs). Designed based on review articles published in the last five years (2019-2024). Data source: Scopus (2024). Created with Biorender.com.

Furthermore, SOC is extremely important for advancing toward SDG 2, by providing a solid foundation for sustainable food production (Alavi-Murillo et al., 2022; Kopittke et al., 2022). By improving soil capacity to sustain diversified and resilient crops, SOC becomes a central element for reducing world hunger, especially in highly vulnerable contexts (Das et al., 2022; Hassan et al., 2022). Its impact also encompasses SDG 6, as SOC contributes significantly to water resource conservation through natural filtration processes, protecting water sources from potential contaminants and ensuring their quality (Hassan et al., 2022; Kopittke et al., 2022; Mishra et al., 2022).

Regarding SDG 15, SOC favors the regeneration and sustainability of terrestrial ecosystems, stabilizing soil and creating a favorable environment for biodiversity (Kopittke et al., 2022). This terrestrial balance has direct implications for SDG 14, as soil protection prevents water body contamination, indirectly benefiting underwater life (Hassan et al., 2022). Likewise, SOC supports SDG 3 by fostering a healthier agricultural environment, improving the quality of life in rural communities (Das et al., 2022; Sharma et al., 2024; Taylor et al., 2021). Collectively, SOC not only drives sustainable agricultural practices but also reinforces the fundamental pillars for maintaining soil multifunctionality and ecosystem balance (Kopittke et al., 2022).

Challenges and alternatives for SOC conservation and improvement

SOC conservation is extremely complex, dynamic, and dependent on multiple intrinsic factors of each region, such as climate, soil type, and topography (Cherubin et al., 2021). Among the greatest challenges is erosion promoted by conventional agricultural practices (Maticic et al., 2024; Thiengo et al., 2024; Wiesmeier et al., 2019). Erosion, by removing carbon-rich layers, not only diminishes the

physical, chemical, and biological health of soil but also causes substantial losses of carbon sequestered over years (Rehschuh et al., 2021).

Conventional practices, based on constant soil disturbance and monoculture, prioritize immediate increases in grain production but generate profound negative impacts on soil carbonization (Assunção et al., 2023). Aggressive soil tillage causes compaction and degrades macroaggregates, essential structures for physical carbon protection (Sekaran et al., 2021). By destroying these macroaggregates, stored carbon becomes exposed, increasing its vulnerability to mineralization and release to the atmosphere (Chellappa et al., 2021; Sekaran et al., 2021). On the other hand, monoculture reduces the quantity and diversity of roots, limiting the input of organic residues to soil (Rosset et al., 2022; Teixeira et al., 2023). This negatively impacts soil biodiversity, restricting enzymatic activities responsible for carbon stabilization, compromising full functionality and support for ecosystem services in the long term (Eze et al., 2023; Sekaran et al., 2021).

Faced with these problems, in recent years the scientific community has documented and proposed alternatives based on conservation agricultural systems (Bonetti et al., 2023; Mathers et al., 2023), also known as climate-smart agricultural systems (Figure 5) (Tyagi & Haritash, 2024), as a viable solution to improve soil health, increase productivity, and above all, protect and optimize SOC (Eze et al., 2023; Moraes et al., 2024; Sharma et al., 2024). These practices are based on the three pillars of no-till systems: zero soil disturbance, crop rotation with inclusion of green manures, and permanent soil cover (Babu et al., 2023).

Along with the three fundamental pillars mentioned, the most recent research highlights system intensification through the combination of agriculture and livestock in the same areas as a promising strategy to foster agricultural sustainability (Rodríguez-Hernández et al., 2023; Venkatesh et al., 2024). This approach allows leveraging key synergies between both activities, optimizing resource use and promoting more efficient soil management (Venkatesh et al., 2024). The integration of agriculture and livestock contributes to enriching soil with organic matter from animal residues, while plant cover protects against erosion and strengthens soil structure (Ambus et al., 2024). It also fosters an efficient nutrient cycle and enhances biodiversity, creating a dynamic ecosystem that improves soil biological activity and its resilience to adverse climate conditions (Palsaniya et al., 2024; Paramesh et al., 2022).

The implementation of these alternatives faces significant challenges but offers a promising pathway to reconcile agricultural and livestock productivity with soil conservation, quality food production, and ecosystem contamination reduction through efficient carbon sequestration (Davis et al., 2023; Hassan et al., 2022). Ultimately, these practices represent a necessary shift toward agriculture that not only ensures food security but also promotes the long-term health and resilience of global ecosystems (Alavi-Murillo et al., 2022; Sharma et al., 2024).

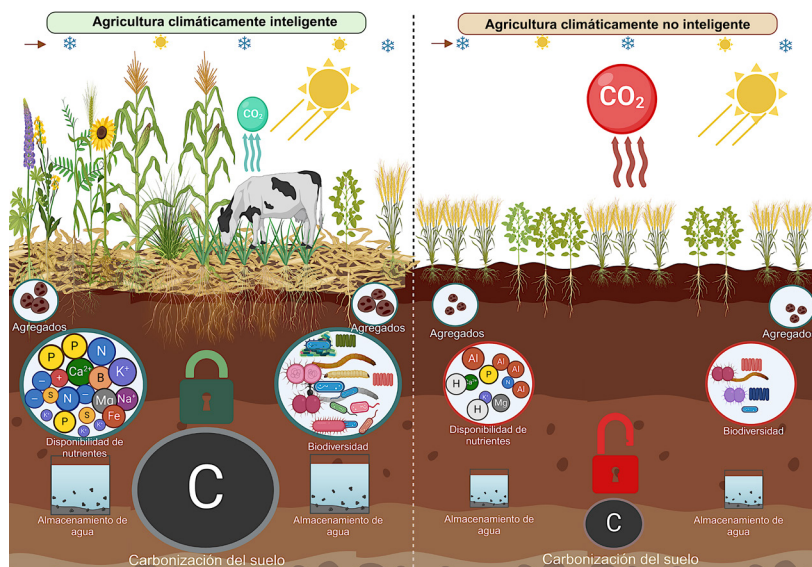


Figure 5. Schematization of agriculture types and their effects on soil-plant-atmosphere health. Designed based on review articles published in the last five years (2019–2024). Data source: Scopus (2024). Created with Biorender.com. Creada con Biorender.com.

CONCLUSION

Based on the careful review of the most recent literature, soil organic carbon has emerged as a key component globally, recognized as the most important pillar for addressing challenges that threaten the sustainability of current agroecosystems and, even more so, of future generations. Carbon-rich soil not only ensures the fulfillment of its essential functions and ecosystem services but also drives a healthy balance between soil, plant, and atmosphere. This approach makes SOC a strategic tool for achieving international commitments oriented toward protecting planetary health.

However, to materialize this potential, a coordinated effort by land managers is required, oriented toward implementing climate-smart production systems. These strategies must promote a sustainable balance between soil components, agricultural productivity, and environmental preservation, thus consolidating agriculture as a driver of resilience against climate challenges and an essential pillar for global food security.

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